

FEATURING  
**TASTES**  
FROM OUR  
**NEIGHBOURS**  
TO THE SOUTH  

---

BREAKFAST/BRUNCH MENU

The  
**PICKLE  
BARREL**  
REAL FRESH FOOD.





**MORNING GLORY  
SMOOTHIE**

**SMOOTHIES**

All our smoothies are made with fresh fruit, frozen yogurt and 100% fruit juices.

**GREEN MONSTER  
SMOOTHIE**

California kale, USA spinach and Washington green apple. 5.49

**MORNING GLORY  
SMOOTHIE**

Florida oranges, strawberry and banana 4.99

**GREEN MONSTER  
SMOOTHIE**

**BREAKFAST/BRUNCH**

**BLUEBERRY BUTTERMILK PANCAKES**

California blueberries mixed into our buttermilk batter. Served with pure Canadian maple syrup and more blueberries on top. 9.99

**AVOCADO TOAST**

Grilled 12-grain bread, smashed California avocado, melted havarti cheese topped with sliced tomato, sautéed Arizona spinach and two poached eggs, sprinkled with hemp seeds and served with breakfast greens. 14.99  
+ Add hollandaise 1.49

**BREAKFAST FRITTATA**

Three eggs, applewood smoked bacon, havarti cheese, Florida arugula, California field mushrooms, Oregon red onions, USA sundried tomatoes, toasted baguette and field greens. 13.99

**EGG WHITE, CALIFORNIA ASPARAGUS & MUSHROOM OMELETTE**

Served with multi grain toast, tomatoes and mixed greens salad. 13.99

**BRUNCH BOWL**

Baby USA arugula, massaged California kale, roasted beet medley, pea shoots, balsamic glaze, crumbled feta, spiced candied Texas pecans, balsamic onions, fresh USA watermelon, dried California figs and extra virgin olive oil. 15.99

**BEVERAGES**

**USA JUICE**

Choice of orange, apple or cranberry. 2.99

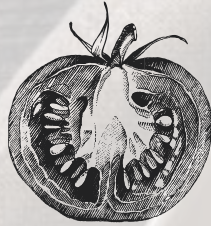
**BREAKFAST/BRUNCH BOOSTERS**

**USA SWEET POTATO** 2.99

**FRESH AVOCADO** 1.99







The Pickle Barrel strives to ensure only the freshest ingredients are used in the preparation of all of its menu items. Our chefs personally source and select these ingredients by hand, crafting great tasting menu items and unique dishes that keep our customers coming back time and time again. Where possible, The Pickle Barrel will source these ingredients locally, however in many instances key fresh ingredients must be sourced from our neighbours to the south because they are not either grown or produced in Canada or are out of season.

The Pickle Barrel is proud to team up with the US Food & Beverage Alliance during the winter and early spring months to celebrate the many fresh ingredients it uses during this time of year.



**The PICKLE BARREL**  
REAL FRESH FOOD.